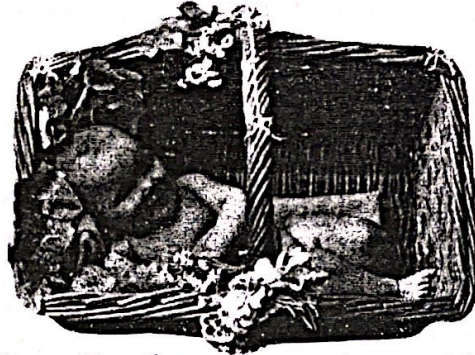


The Warmest Welcome

Nurturing Transformation in Pregnancy, Birth and Parenting

July 21-23, 1994

University of Washington Campus
Seattle, Washington



**A conference for all who support women and families
in the childbearing year**

- ~ *A celebration of women's strength, creativity and powers of nurture*
- ~ *A gathering of doulas*
- ~ *Rhythmicity*
- ~ *Opportunities for deep connection*
- ~ *Interweaving laughter*
- ~ *Pulse of recognition*
- ~ *Warmth*
- ~ *Inclusiveness*
- ~ *Sharing our wisdom*
- ~ *Sharpening our intuition*
- ~ *Expanding our knowledge*
- ~ *Engaging our intellect*
- ~ *A journey by sea*
- ~ *Festivity*
- ~ *Be still and flooded with beauty*
- ~ *Meet the muses of the doula world*
- ~ *Wisdom for heart, head and hands*

Penny Simkin, P.T. - Childbirth as Transformation

Marshall Klaus, M.D., and John Kennell M.D. - The Doula Studies

Angelina Borbon, R.N. - Inclusiveness/Diversity

Phyllis Klaus, M.Ed. - Hypnotherapy Techniques for Doulas

William Sears, M.D., and Martha Sears - Attachment Parenting

Jane Arnold, C.N.M. - The Rebirth of the Doula

And Workshops On:

Breastfeeding · Childbearing Loss · Healthcare Reform · Postpartum Triage
Traumatic Birth · Welcoming the Newborn · Childhood Influences on
Childbearing Women · Adjusting to Parenthood · Father's Issues
Small Business Details · Model Doula Practices · Rites of the Passage
Moving on to Midwifery · And many others

This conference brought to you by Doulas of North America (DONA), National Association of Postpartum Care Services (NAPCS), Pacific Association for Labor Support (PALS), and the Women's Studies Department of University of Washington.

For more information, please write PALS, 1100 23rd Ave E, Seattle, WA 98112 or call (206) 236-6782.