



**NOVEMBER BOD MINUTES  
TUESDAY, NOVEMBER 12, 2019**

**AGENDA:**

- Continuing Education document for recertification
- report on NWDC
- Doulas4All update
- approval of past minutes
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**ATTENDING:**

Jen Hamilton  
Charlene Hamilton  
Janiece Collopy  
Amber Hohl  
Kylie Russell  
Mariah Falin  
Matilda Linden {via Zoom}  
Rebekah Gilley {via Zoom}  
Tiffany Renee

**MINUTES:**

Closed Session:

Kylie will reach out to supporting members of NWDC - window clings and spot in newsletter. Kylie will also interview members who have additional skills and share for the newsletter.

We are all FB admins on the PALS Page - post!!!

Trystan Reece wants to speak to us, and Mariah asked him to speak at the Board Retreat.

11:08am - working on Retreat Agenda:

- membership ideas
- certification packet
- by-laws - gender-inclusivity
- mission, vision, values, and equity statements
- review which minutes need to be approved and uploaded

11:13am - Jen and Mariah met with Surge Reproductive and Jackie Vaughn is taking the lead with some equity trainings.

Jackie reached out to Tiffany and met about equity and community-based doula trainings.

Mariah asked Jackie for ideas about getting together with the community organizations and talking about what does certification mean and look like.

This reinforces the need for us to continue our conversation about the certification packet.

Amber suggests having members of the board record themselves reading the packet and providing an



audible option for those who struggle with reading.

11:27am - Kylie suggests using the private YouTube channel for certification questions and packets.

Action Item for Jen: contact Perinatal Support Washington for representation of PALS on their website.

11:45am - reports! Jen gives report on NWDC - wouldn't recommend the space for professional event; there is an email to go out to attendees with missing slideshows, resources from speakers, conference survey; Char recommends opening a dialogue with REACHE and NAPS about taking a year off and then creating one major birth conference per year, maybe becoming a 501(c)3 in order to make that happen.

12:10pm - Rebekah bows out, Tiffany attempts at meeting notes  
- crossing MAWS off of sponsorship for NWDC  
- \$800 deposit coming back from the Abbey

12:14pm - MAWS responded to PALS newsletter re: Kim James' piece  
Pending request to submit articles for upcoming PALS newsletter: Mariah to contact and give deadline for submissions for Dec. 15th

12:17pm - Community Outreach - Kylie :

- coffee date/debrief coming up on Thurs 11.14.19 @ 10am in Tukwila. Come share thoughts/feelings/experience.
- Dec. 10th PALS meeting is in Bellevue
- Dec. 12th Birth doula skills workshop
- Winter Gathering w/ NAPS Dec 14th: can add to website calendar (members only)
- "Ticketing" RSVP through website for PALS events, re: accountability and reminders for improving attendance

12:30pm - PALS website running out of bandwidth (current host is GoDaddy). Char suggests exploring BlueHost

12:37pm - potential PALS community event - book donation & "stuffing" little-free libraries

12:40pm - We have two Instagram accounts - Kylie will merge

12:51pm - FB events updated and created for 12/2019 PALS board meeting & 1/2020 Annual meeting

1pm - membership: Andrea and Barb will be stepping down from board membership



1:02pm - Amber: we have 3 new members this month

1:06pm - Doulas4All update - working on legislative stuff - still out there in the ether

1:13pm - Tiffany motions for free membership for birth-workers of color effective 2020; Char seconds; all in favor - motion passes

1:22pm - Char & Mariah: three year certification w/three yr membership - annual check-ins? Annual certification - certificate will be re-issued annually?

**MEETING ADJOURNED AT 1:30PM**

**OCTOBER 2019 PRESIDENT'S REPORT TO THE BOARD**

**OCTOBER 2019 VICE PRESIDENT'S REPORT TO THE BOARD**

No report.

**OCTOBER 2019 TREASURER'S REPORT TO THE BOARD**

No report.

**OCTOBER 2019 SECRETARY'S REPORT TO THE BOARD**

No report.

**ADT UPDATE**

**CERTIFICATION UPDATE**

Date	Transaction Type	Name	Memo/Description	Amount	Balance
<b>Certification Packet Purchases</b>					
10/4/19	Receipt	Blackwelder, Sherrie	Certification Packet Purchase	\$35.00	
10/19/19	Receipt	Mixis, Eleftheria	Certification Packet Purchase	\$35.00	
10/22/19	Receipt	Garber, Karina	Dual Certification Packet	\$35.00	
10/23/19	Receipt	Giulia Canali	Certification Packet Purchase	\$35.00	



<b>Total for New Certification Packets</b>					<b>\$140.00</b>
<b>Precepted Pathway Purchases</b>					
10/4/19	Receipt	Blackwelder, Sherrie	Apprenticeship Pathway fee	\$135.00	
<b>Total for Precepted Pathways</b>					<b>\$135.00</b>
<b>TOTAL</b>					<b>\$275.00</b>

COMMUNICATIONS UPDATE

None this month.

CERTIFICATIONS UPDATE

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MARKETING UPDATE

None this month.

MONTHLY MEETINGS UPDATE

MEMBERSHIP UPDATE

Date	Transaction Type	Client	Memo/Description	Amount	Balance
<b>New Membership Packets</b>					
10/04/19	Receipt	Blackwelder, Sherrie	Membership Packets including annual dues for PALS Doula membership	\$60.00	
10/22/19	Receipt	Garber, Karina	Membership Packets including annual dues for PALS Doula membership	\$60.00	
10/23/19	Receipt	Giulia Canali	Membership Packets including annual dues for	\$60.00	



			PALS Doula membership		
<b>Total for New Membership Packets</b>				<b>\$180.00</b>	
<b>Renewal Memberships</b>					
10/25/19	Receipt	Guenther, Tiffany	Annual dues for PALS Doula membership	\$60.00	
<b>Total for Renewal Memberships</b>				<b>\$60.00</b>	
<b>TOTAL</b>				<b>\$240.00</b>	

MENTORSHIP UPDATE

MONTHLY FINANCIAL UPDATE

none this month

REC UPDATE

none this month

VOLUNTEER COORDINATOR UPDATE

NWDC Update

The NWDC team has been hard at work with this year's conference. Attendance numbers are low, but we are not operating in the red. Numbers as of 10/4/19:

Conference Attendees: 48

Income: \$6054

Lucia's Workshop Attendees: 10

Britta's Workshop Attendees: 4

Sponsors/Vendors: 22

Income: \$5770

Our current expenses stand at about \$9000

Information about Online Remote Access will be coming this week.

We are going to need some people available to do heavy lifting for setup and takedown.

ACTION ITEMS: [UPDATE THROUGHOUT MEETING]